

**HUBUNGAN FAKTOR INDIVIDU DENGAN SELF-EFFICACY IBU
HAMIL DALAM PEMBERIAN ASI EKSKLUSIF DI WILAYAH KERJA
PUSKESMAS TLOGOSARI KULON KOTA SEMARANG TAHUN 2017**

ACHMAD AGUS PRANOTO

(Pembimbing : Kismi Mubarakah, S.KM, M.Kes)

*Kesehatan Masyarakat - S1, FKes, Universitas Dian
Nuswantoro*

www.dinus.ac.id

Email : 411201301666@mhs.dinus.ac.id

ABSTRAK

Pada tahun 2016 terjadi 6 kasus kematian bayi diantaranya 2 kasus IUFD (intra uterine fetal death), 3 kasus perinatal dan 1 kasus neonatal di Puskesmas Tlogosari Kulon kota Semarang. Tujuan penelitian ini Untuk mengetahui hubungan faktor individu dengan self-efficacy ibu hamil dalam pemberian ASI Eksklusif di Puskesmas Tlogosari Kulon kota Semarang tahun 2017. Jenis penelitian yang digunakan yaitu Survei Analitik dengan Pendekatan cross sectional. Sampel penelitian sebanyak 88 ibu hamil. Instrumen data dengan wawancara terstruktur dan metode yang digunakan wawancara. Hasil analisis deskriptif bahwa 73,9% responden dikategorikan memiliki pengetahuan "baik", 53,4% responden dikategorikan memiliki sikap "baik", 58,0% responden dikategorikan memiliki harapan "baik", dan 65,9% responden dikategorikan memiliki self-efficacy "baik". Analisis statistik yang digunakan adalah analisis chi-square diketahui ada hubungan pengetahuan dengan self-efficacy ($p=0,033$), tidak ada hubungan sikap dengan self-efficacy ($p=0,645$), tidak ada hubungan harapan dengan self-efficacy ($p=0,528$). Bagi Puskesmas sebaiknya melakukan edukasi per program promotif tentang pentingnya ASI Eksklusif pada kegiatan kelas ibu hamil yang di selenggarakan oleh Puskesmas Tlogosari Kulon seminggu sekali setiap bulannya.

Kata Kunci : Kata Kunci : Pengetahuan, Sikap, Harapan, Self-efficacy, ASI Eksklusif.

**RELATIONSHIP FACTORS OF INDIVIDUALS WITH SELF-EFFICACY
PREGNANT IN BREASTFEEDING EXCLUSIVELY IN HEALTH
TLOGOSARI KULON SEMARANG CITY IN 2017**

ACHMAD AGUS PRANOTO

(Lecturer : Kismi Mubarakah, S.KM, M.Kes)

*Bachelor of Public Health - S1, Faculty of Health Science,
DINUS University*

www.dinus.ac.id

Email : 411201301666@mhs.dinus.ac.id

ABSTRACT

in 2016, 6 cases of infant deaths occur among 2 cases IUFD(intra-uterine fetaldeath), 3 cases of perinatal and neonatal health center first case Tlogosari Kulon Semarang. The purpose of this study to determine of the relationship individual factors to the self-efficacy of pregnant women in Exclusive breastfeeding in the PHC Tlogosari Kulon Semarang in 2017. This type of research is analytical survey with approach. cross sectional. The research sample of 88 pregnant women. Instrument data by structured interview and interview methods used. Results Descriptive Analysis that 73.9% of respondents considered to have knowledge of "good", 53.4% of respondents considered to have the attitude of "good", 58.0% of respondents considered to have expectations of "good" and 65.9% of respondents categorized as having self- efficacy "good" statistical analysis used was analysis chi-square note there is a relationship of knowledge with self-efficacy ($p = 0.033$), there was no relationship attitude and self-efficacy ($p = 0.645$), there was no relationship expectations with self-efficacy ($p = 0.528$). For health center improvement program should educate about the importance of exclusive breastfeeding promotion in pregnant women classroom activities organized by the health center once a week Tlogosari Kulon each month.

Keyword : Keywords: Knowledge, Attitude, Expectation, Self-efficacy, Exclusive Breastreeding.